



L'INSTITUT  
MUTUALISTE  
MONTSOURIS

## WELCOME TO IMM INSTITUT MUTUALISTE MONTSOURIS



As an hospital open to everyone, the IMM offers medical and surgical expertises and technologies in a modern, functional structure where special attention is paid to the comfort and welfare of our patients.

Centre of excellence in research and education, the IMM is on the cutting edge of innovation and is one of the leading medical institution in France.

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*“Excellence  
and innovation  
in patient care”*

**The Institut  
Mutualiste Montsouris  
has 470 beds  
spread across 55,000 sq.m.,  
and every year  
it receives over 35,000  
patient stays,  
provides 160,000  
consultations,  
and performs  
more than 15,000  
surgical operations.**

## About The Institut Mutualiste Montsouris

Located south of Paris (14<sup>th</sup> arrondissement), right behind the Montsouris Park, the Institut Mutualiste Montsouris (IMM) is a multidisciplinary hospital well known for its medical and surgical expertise, in cancerology, cardiovascular, functional and chronic diseases. At the IMM you will also find a maternity unit and psychiatric center for adolescents.

## A dedicated team to assist foreign patients

Every years, hundreds of patients from all over the world are welcomed at the IMM. We have always been focused on providing the highest quality of care to our patients through highly skilled medical teams and innovation. We are therefore well equipped and organized to understand and satisfy the needs of international patients often by themselves in a country or city they do not know.



## A personalised care offer

To provide the highest level of care for our international patients, the IMM has a dedicated team made of Physicians, Patient Assistants, Care Managers, Care Coordinators and Administrative support to assist the requirements and expectations of our patients.

### Patients can expect:

- Assistance with all paperwork and medical reports required to receive a complete review by our doctors
- Interpreter services for patients and family
- A treatment proposal suited to their pathology and conditions
- Support with all paperwork required to receive international medical treatment, including visa request
- Coordination of the care pathway including medical appointments and local transfers
- Support during critical appointments
- Assistance in private and medical duty, rehabilitation and home health support before and after discharge when needed
- Access to concierge services: travel, accommodation, local transportation for relatives and family

## Care quality and safety

Everything we do is designed to take care of our patients, from the welcome and well-being of our patients during their stay, the continuity of care until their return at home. In order to continuously improve the quality and safety of the care we offer to our patients, we rely on their feedback. All are closely monitored and used to help us to improve our standards of care.





## CARDIOLOGY DEPARTMENT

### HEART CONDITIONS

#### Heart disease: myocardial infarct, unstable or stable angina

- Valvular diseases: aortic, mitral, tricuspid and pulmonary (*acquired or congenital*)

#### Diseases of the thoracic aorta, aneurism and dissection.T

- Cardiac arrhythmia, tachycardia or bradycardia
- Cardiac insufficiency
- Diseases of the pericardium
- Cardiac tumours etc

### TECHNIQUES

#### Non-invasive diagnostic techniques:

- Echocardiogram
- Stress echocardiography
- Stress test
- Holter
- Insertion of cardiac defibrillators
- Ablation of complex arrhythmia



*In order to guarantee the most safe surgical environment for their patients, the IMM has set up a hybrid room. This room allows to perform minimally invasive surgery under 2D or 3D imagery, to rebuild and merge X-ray images with scan and MRI images, and to check in real time the effectiveness of the surgical gesture on the patient.*

#### Surgical techniques:

- Myocardial arterial bridging
- Conserving surgery of the aortic and mitral valves
- Video-assisted mini invasive surgery with scanner

#### Invasive interventional and diagnostic techniques

- Coronarography and heart catheterisation
- Exploration of coronary stenoses by measuring the coronary flow, endocoronary ultrasound, endocoronary imaging by optical coherence tomography (OCT)
- Coronary angioplasty, bare or active stent, active balloon
- Percutaneous aortic valves
- Percutaneous correction of mitral insufficiency
- Closure of left atrial

#### Interventional rhythmology techniques

- Insertion of cardiac stimulators and defibrillators
- Diagnostic electro-physiological exploration
- Ablation using radiofrequencies or cryotherapy



## THORACIC SURGERY DEPARTMENT

### DISEASES

- Lung cancer and other thoracic tumours
- Acute and chronic respiratory diseases
- Lung, pleural and mediastinal diseases
- Tracheo-bronchial disorders
- Surgical treatment of deformation of the thoracic wall (*pectus excavatum etc.*)

### TECHNIQUES

- Thoracoscopy surgery and robotic surgery
- Conventional thoracic surgery
- Thyroid surgery
- Bronchial electro-navigation



## PNEUMOLOGY UNIT

### DISEASES

- Acute and chronic respiratory disorders
- Lung, pleural and mediastinal diseases
- Tracheo-bronchial disorders
- Thrombo-embolic venous diseases (phlebitis, pulmonary embolism)

### TECHNIQUES

- Diagnostic fibroscopy, trans-bronchial ultrasound, bronchial electro-navigation
- Interventional endoscopy
- Respiratory functional exploration (RFE)



## VASCULAR SURGERY AND DIALYSIS DEPARTMENT

### DISEASES

- Aneurysms, dissections and aorto-iliac occlusive disease (ascending aorta, aortic arch, thoracic-abdominal aorta) and the abdominal aorta
- Occlusive arterial diseases of the lower limbs
- Renal and digestive artery diseases
- Supra-aortic trunk diseases and diseases of the cerebral arteries
- Thoracic outlet syndrome
- Diseases of the vena cava
- Aneurysms of the popliteal arteries
- Vascular access surgery for haemodialysis
- Vascular complications from renal transplants
- Varicose vein surgery



### TECHNIQUES

- Surgery under extra-corporeal circulation (ECC)
- Conventional surgery

### Endovascular surgery

- Aortic endoprostheses
- Surgery under ECC
- Treatment of varices using radio-frequencies
- Percutaneous vascular access for haemodialysis

## DIALYSIS UNIT

### DISEASES

- Care and treatment of chronic renal insufficiency by haemodialysis and haemodiafiltration
- Monitoring pre-dialysis patients at various stages of renal insufficiency
- Monitoring diabetic patients presenting with diabetic nephropathy
- Monitoring patients presenting with risk factors in a cardiovascular multidisciplinary network
- Monitoring patients post-renal and pancreatic transplants



## UROLOGY DEPARTMENT

### DISEASES

- Prostate cancer
- Renal tumour
- Bladder tumour
- Testicular cancer
- Surrenal gland tumour
- Postate adenoma

### TECHNIQUES – TREATMENTS

- Mini invasive surgery : robotic and coelioscopy surgery
- Focal tumour treatment
- Ultrasound with MRI image fusion, radiotherapy, cryotherapy, phototherapy
- Laser, bipolar

## ONCOLOGY DEPARTMENT

### MEDICAL CANCER TREATMENT

- Chemotherapy, biotherapy
- Support care (transfusions, injections, treatment of symptoms and complications of the illness, etc.)
- Treatment reports and follow-ups
- Clinical research

## DEPARTMENT OF DIGESTIVE, ONCOLOGIC AND METABOLIC SURGERY

### DISEASES

- Treatment of oesophagus, stomach, colon, rectum, liver, pancreas and bile ducts cancers
- Bariatric surgery : sleeve gastrectomy, by-pass

### TECHNIQUES

- Laparoscopic surgery: single-port surgery, NOTES (*transluminal surgery through natural orifices*)
- Fast track surgery
- Short length of stay

## HEPATIC AND GASTRØENTEROLOGY SERVICE

### DISEASES

- Hepatitis, cirrhosis
- Chronic intestinal inflammation (*Crohn's disease, haemorrhagic rectocolitis*)
- Diagnosis and treatment of superficial tumours
- Œsophagal disease
- Bile duct and pancreatic disease
- Medical and surgical proctology
- Diagnosis of colorectal cancer

### TECHNIQUES

- Endoscopy for diagnostic or therapeutic purposes
- Oesogastric fibroscopy, colonoscopy
- Bilio-pancreatic interventional endoscopy
- Diagnostic echoendoscopy
- Hospital daycare for biotherapy
- Proctological out-patient surgery
- Clinical research



## OPHTHALMOLOGY DEPARTMENT

### DISEASES

- Cataract
- Glaucoma
- Pterygium
- Diabetic retinopathy

### TECHNIQUES

- Tonometry & pachymetry
- Argon, Krypton & Yag lasers
- Digitised angiography with fluorescence & indocyanine green
- Retinography
- Retinal and papillary optimal coherence tomography
- Biometry
- Secondary cataracts
- Age-related macular degeneration
- Detached retina
- Automated perimetry (classic Humphrey and Blue/Yellow)
- Manual perimetry (Goldmann)
- OCT angiography
- Specular microscopy
- Aberrometry
- Ultrasound

## ORTHOPAEDIC AND SPINE SURGERY DEPARTMENT

### DISEASES

#### **Cervical thoracic and lumbar spine surgery**

- Surgery on the cervical, thoracic and lumbar spine
- Lumbar stenosis
- Cervical stenosis
- Treatment of fractures
- Treatment of idiopathic deformities (scoliosis - kyphosis) or acquired deformity (arthrosis)
- Failed back surgery
- Primary and metastatic spine tumors

#### **Hip surgery**

- Total hip replacement
- Revision hip surgery

#### **Knee surgery**

- Total knee replacement
- Revision knee surgery
- Meniscus injuries
- Cruciate ligaments injuries

#### **Secondary Traumatology**

- Fractures and dislocations of the limbs, spine and acetabulum

#### **Foot surgery**

- Hallux valgus
- Hammer toe or claw toe
- Morton's disease
- Rheumatoid foot

#### **Shoulder surgery**

- Recurrent dislocations
- Degenerative injuries of shoulder muscles
- Shoulder replacement surgery

#### **Elbow surgery**

- Ulnar elbow Compression

#### **Hand surgery**

- Carpal tunnel syndrome



## INTERNAL MEDICINE DEPARTMENT

(MULTIPLE CONDITIONS, DIABETOLOGY, RHEUMATOLOGY, IMMUNOPATHOLOGY, INFECTIOUS DISEASES)

### DISEASES

- Systemic and auto-immune conditions
- Multiple conditions
- Diabetology and diabetic foot complications
- Mechanical and inflammatory rheumatology
- Infectious diseases and HIV conditions
- Haematology



### TECHNIQUES

#### Diagnostic tests:

- Periungual capillaroscopy
- Biopsy of subordinate salivary glands
- Medullar biopsy
- Articular puncture
- Lumbar puncture
- Pleural puncture
- Ascites puncture
- Articular ultrasound

#### Treatments:

- Intra-articular injections
- Carpal tunnel injections
- Upper and lower epidural injections
- Peritendinous injections
- Localised care of the diabetic foot

## GYNAECOLOGICAL SURGERY - PREGNANCY TERMINATIONS - MOTHER AND CHILD DEPARTMENT

### DISEASES

- Ovarian cancer, cancer of the uterus, vulva and breast
- Pelvic prolapse and urinary incontinence
- Genital malformations in the adolescent and adult woman
- Surgery of uterus (Fibroma), ovaries, vulva and breast
- Surgery to cure sterility

### TECHNIQUES

- Mini invasive surgery
- Laparoscopic surgery
- Robotic surgery
- Vaginal approach
- Out-patient surgery

### TERMINATION OF PREGNANCY CENTRE

- Medicated and surgical voluntary terminations





## MATERNITY

### TECHNIQUES

- Obstetric consultation with doctor or midwife
- Antenatal ultrasound diagnosis
- Delivery preparation courses
- Monthly information sessions
- Acupuncture consultations
- Tobacco stopping consultations
- Consultations for disabled parenthood
- Psychologists /child psychologists consultations

The department has suitable rooms and equipment for people with motor disability.

### FERTILITY CENTRE (MAP)



### TREATMENT AND PAYMENT

If the cost of your care is not covered by French social security, you must pay all consultation and hospitalisation bills at the Institut Mutualiste Montsouris.

If you are a European Community citizen, use form E112.

Payment must be validated by the Centre des relations internationales (International Relations Centre).



### CONTACT US

To make an appointment at Institut Mutualiste Montsouris if you are a foreign patient, contact us:

**+33 1 76 49 13 00**

**[montsouris.international@imm.fr](mailto:montsouris.international@imm.fr)**

**[www.montsouris-institute.com](http://www.montsouris-institute.com)**

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### EASY ACCESS

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